

# LINKLINE

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The Chartered Institute of Logistics & Transport  
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Summer 2019

**SMARTER LAST MILE  
DELIVERIES BY  
CARGO BIKE**



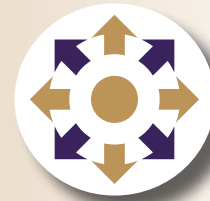
**CILT: STUDENT PROJECT  
AWARDS 2019 AT LIT**

**NEWS: FREIGHT  
TRANSPORT  
ASSOCIATION SEMINAR**

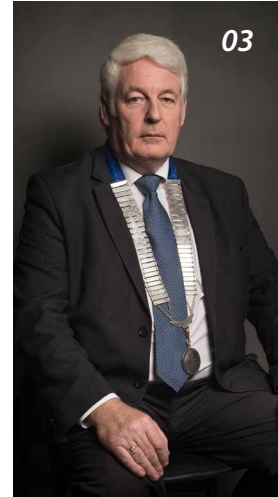
**BIENNIAL JIM CROWLEY MEMORIAL LECTURE 2019**

**PROMOTING PROFESSIONALISM IN LOGISTICS, TRANSPORT AND SUPPLY CHAIN.**

# LINKLINE



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**THE CHARTERED INSTITUTE  
OF LOGISTICS & TRANSPORT IRELAND (CILT)**

1 Fitzwilliam Place  
Dublin 2, Ireland  
D02 DT68

Tel: +353 (0) 1 676 3188  
Free phone: 1890 25 25 99  
Fax: +353 (0) 1 676 4099


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CILT Editor: Áine Holden  
Design: Marjolaine Gonet

Sales and Marketing: Barry O'Sullivan  
Email: [barry@linklinejournal.com](mailto:barry@linklinejournal.com) Tel: 083 151 0135

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# President's Address

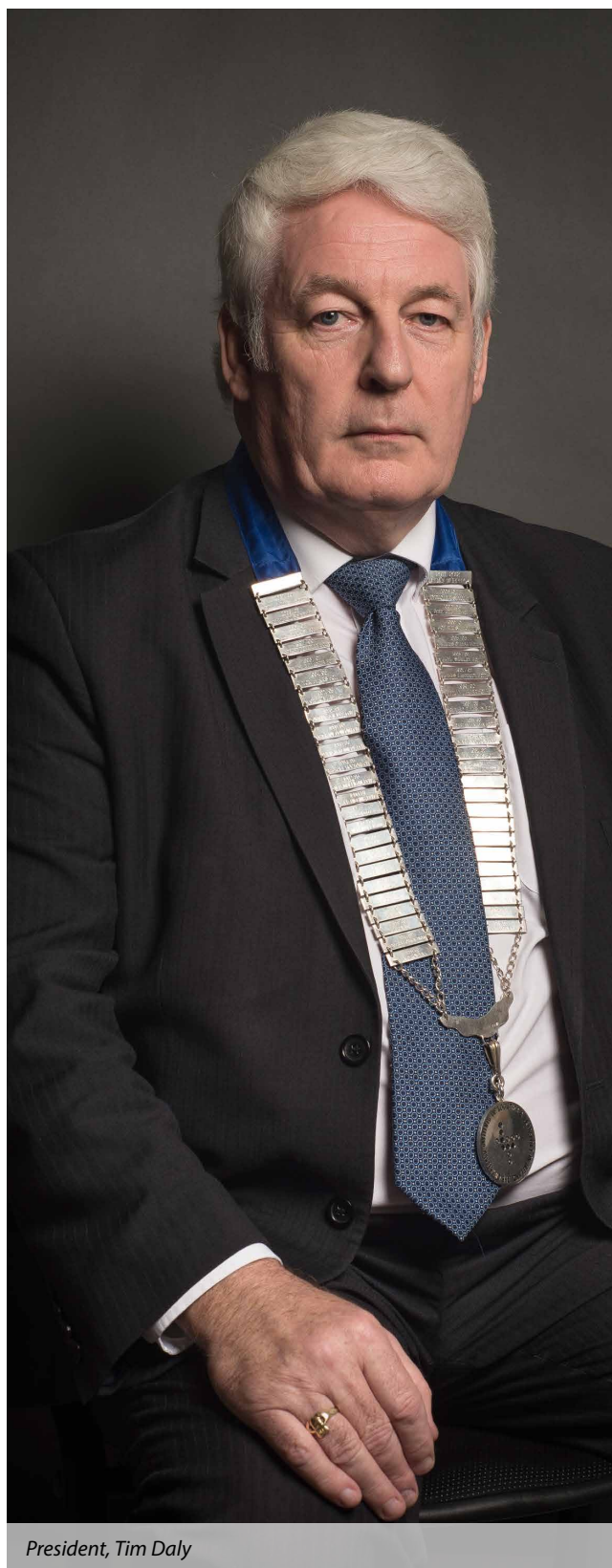
Welcome to the first issue of Linkline for 2019. This year brings with it a degree of hope, over the last seven years we have seen unemployment go from a high of 16% in January 2012 to its current rate of 5.6%. The ESRI are forecasting the unemployment rate to drop to 4.8% by 2020. Nearing full employment is an alien but welcome sensation for this state. While economically this country is taking off again, there are storm clouds on the horizon. At the time of writing Brexit has been delayed until 31 October, and we are none the wiser as to what will happen. The potential effects on both the State as well as our sector will be severe. We have seen our level of preparedness go from non-existent to its current levels. Our sector as well as other sectors have been trying to prepare for the unknown. Just how successful this preparation has been will be revealed in within the next two weeks or perhaps longer. That is the nub of the issue, no one knows what is going to happen, to ask industry to invest time, effort and resources to invest in the unknown is a big request.

In industry, an investment is made in expectation of a return, some returns are easily identifiable whilst others are not as identifiable. There is one investment that will always result in a positive return, that is education. "Education is the passport to the future, for tomorrow belongs to those who prepare for it today". This statement was made by Malcolm X 57 years ago, yet it still holds as true today as it did in 1962.

Education is the key to Brexit preparedness, whether the UK leaves the EU is by crash out, on 31 October 2019 or it leaves with an agreement after a lengthy extension of Article 50, or indeed it stays within the EU. Regardless of what happens, education is never wasted. In 1966 Donogh O'Malley announced that from 1967, all education up to Intermediate Certificate level would be free, and free buses would bring students in rural areas to their nearest school. Donogh recognised the transformative effects of education, their effects are as transformative today as they ever were. The Ireland of 2019 is a vastly different place to that of 1968, however the requirement for education is as pertinent today as it ever was, it will only be through engagement with education that Ireland will come through whatever challenges Brexit will bring.

## **Tim Daly FCILT**

President  
CILT, Ireland



*President, Tim Daly*



# CEO's Introduction

Welcome to the first edition of the 2019 Linkline Magazine, I would like to take this opportunity to thank all the members and friends of the Chartered Institute of Logistics and Transport for all the support rendered in the first part of this year.

The transport sector is one that has been identified by central government as one in need of support and assistance. The requirement for support is not a reaction to Brexit, but was identified as far back as February 2015 by the Expert Group on Future Skills Needs in their publication "Addressing the Demand for Skills in the Freight Transport, Distribution and Logistics Sector in Ireland 2015-2020".\*

CILT currently sit on a steering group that is chaired by the Department of Transport Tourism and Sport whose remit is to implement the recommendations as outlined in the report. The need for additional support and training was identified in 2015, the addition of Brexit (in whatever form it takes) into the mix has changed the dynamic for our sector. This change is not for the better, the uncertainty that Brexit has introduced is at best unhelpful, and at worst could be disastrous. In response to the uncertainty we have seen additional supports being put in place by way of Intertrade Ireland Grants, Enterprise Ireland grants and from a CILT perspective we have seen a 100% increase in our Skillnet Grant Allocation. This is allowing us to source and deliver high quality, relevant training at a subverted cost to our sector. In the first quarter of the year we are experiencing considerable engagement from the sector, long may this continue.

On February 12 last, the Biennial Annual Jim Crowley memorial lecture was held in Smurfit Business School in UCD. Before, I write about the event, it is important that Professor Jim Crowley is introduced properly. Jim Crowley FCILT was an integral part of the Irish logistics and transport industry for over 25 years. Having started his career with CIE, he moved to the University College Dublin where his research and teaching in the areas of transport and logistics led to his elevation to Professor of Transport Policy and Logistics at University College Dublin. In addition to his teaching, he was extensively involved in logistics and transport studies in Ireland and internationally and carried out consultancy work for the European Commission for several Government Departments and state transport companies. His long list of publications and studies provides a lasting record of both his academic achievements and his contribution to the development of transport research and logistics in Ireland.

Jim Crowley also played a central role in the development of the former Chartered Institute of Transport in Ireland where he successfully chaired its Education Committee. He brought a whole new emphasis and focus to the importance of education and training in the work of the Institute. During his time as Chairman of the Institute's Eastern Section, he was responsible for instigating several exciting and innovative activities, some of which continues to this day under the umbrella of the new body. The Biennial Jim Crowley Memorial Lecture was established in 2001 in order to mark



CEO, Mick Curran

his outstanding contribution to the Irish Logistics and Transport industries.

The 2019 talk was given by Mr Richard Hunt CBE, Richard was until recently Chairman of The London Ambulance Service, the busiest ambulance service in the world. He is also an executive coach as a founder of Maven Ltd as well as a co-founder of Attain Partners Ltd, an international, executive performance and leadership coaching company with colleagues from Germany, the London Business School and Harvard, USA.

He served as Chairman and President in the UK and more recently International President of the Chartered Institute of Logistics and Transport. He was awarded the distinction of an Honorary Fellowship for services to the Institute in 2010. He has experience of the public sector as a non-executive with the Highways Agency and is commissioned as a Colonel in the Engineer and Logistic Staff Corps, a specialist corps of industry advisors to the UK Ministry of Defence. He was appointed CBE in 2004 for services to logistics and transport. At the event, Richard spoke on his career in Supply Chain. The audience were lucky to have been given access to a fascinating life story of a logistician that does inspire.

This update is not meant to encapsulate all happenings in the Institute but rather to provide you with a flavour of some of the important changes and improvements being implemented. I would like to thank our President and Council for their continued support and positive contribution. I would also thank our members for their continued support and membership and of course our staff who continue to embrace change and an ambition to provide a better service to all our stakeholders and members.

**Mick Curran, CEO**

\*(<http://www.skillsireland.ie/Publications/2015/18022015-Freight-Skills-ExecutiveSummary-pdf.pdf>)



# Limerick Institute of Technology CILT STUDENT PROJECT AWARDS 2019

The Limerick Institute of Technology, BEng. Road Transport Technology and Management and the Chartered Institute of Logistics and Transport Student Project Awards took place at LIT Limerick on 4th of April.

Ailbe Burke, Lecturer from the Department of Mechanical and Automobile Technology welcomed students, family and friends to the evening event. Representing CILT Ireland was Finbarr Cleary FCILT International Vice President CILT and Ray Crowley CMILT Chair of CILT Southern Section. Themes of projects revolved around safety, anti-theft and renewable energy.

The overall Project Winner was Sean Hopkins and his project 'Making PTO Operations Safer'. Sean said about his project "this Power Take Off (PTO) cover was designed for numerous reasons. Mainly due to experience. Over the years, I have seen PTO covers ripped apart just weeks after being purchased. There is simply not enough done to make these drive shafts a safer operation when it comes to machinery". See photo below of an example of a PTO.

Second place for the project went to Evan McMahon and his Antitheft Air Brake system for heavy goods vehicles. Evan said, "my project is to incorporate a device that prevents the movement of a truck and trailer by disabling the air brake

system thereby preventing theft of the truck and trailer". Third place went to Colm Trill and his project on Biometric Vehicle Security. Colm said, "the Aim of the project is to design and test a new type of vehicle security as the keyless systems that are currently out are causing a lot of theft problems". Fourth place went to Sean Cropper and his project on Electric Buses. Sean said, "the main objective of this study is to assess the feasibility of providing a large-scale capacity fully electric bus system for Limerick city".

All the projects were of a very high standard with fantastic ideas that can make a real difference to the industry. In all, it was a very successful evening, with plenty of discussion generated from all those presenting projects. As ever, the event proved to be an excellent networking opportunity for students and industry to connect.

On behalf of the students and staff of LIT we would very much like to thank Finbarr Cleary FCILT International Vice President, Ray Crowley CMILT Chair of the Southern Section Gerard Deegan, Tim Hayes, Brian Carroll, Pat Maher. They challenged the students and offered excellent advice. Feedback from the students and lecturers described it as a very positive experience and looking forward to building on the event for next year.



Sean Hopkins Winner LIT



Evan McMahon Second



PTO Operations Safer

# The Biennial Jim Crowley Memorial Lecture



*Finbarr Cleary, Richard Hunt, Richelle Crowley and Tim Daly*

On Tuesday evening, 12 February the biennial Jim Crowley Memorial Lecture was held in Smurfit Business School, Blackrock with the speech delivered by Richard Hunt CBE.

Tim Daly FCILT, President took to the lectern first to give an introduction and warm welcome to Richard who had travelled over that morning from the UK. Richard then took his position with his presentation, titled 'A Career in Supply Chain Industry and Thoughts of on the Future with Brexit as a Factor' which incorporated his career in the in the oil, brewing, logistics and aviation industries, followed by the five generations in the development of supply chain. Richard gave an honest and insightful narrative to his career and showed how the different industries have similar issues and how anyone can transcend these with a solid business mind. For the students who attended the lecture, the five generations in the development of supply chain were incredibly interesting and valuable to hear from such an individual of this calibre.

Of course, the topic of Brexit could never be far away from any academic forum and Richard gave his thoughts on the matter. He remarked when questioned about the process of confirming a deal or no deal Brexit, that in business and

negotiation nothing happens until the very last moment. Yes, there are frustrations on both sides and clarification is essential for the level of uncertainty that the ongoing divorce will achieve. We will as ever have to wait to see what the politicians and the European Council bring next to the table.

The biennial Lecture is a memorial to Jim Crowley FCILT, who was an integral part of the Irish logistics and transport industry for over 25 years. Jim started his career with CIE and moved to the University College Dublin where his research and teaching gained him a Professorship. He was extensively involved in logistics and transport studies in Ireland and internationally and carried out consultancy work for the European Commission for several Government Departments and state transport companies. Jim played a central role in the development of the former Chartered Institute of Transport in Ireland where he successfully chaired its Education Committee. He brought a whole new emphasis and focus to the importance of education and training in the work of the Institute.

The Memorial Lecture was established in 2001 in order to mark his outstanding contribution to the Irish Logistics and Transport industries. Jim sadly passed away nearly twenty



years ago. He is survived by his wife, Richelle, and his three children, Brian, Carole and Conor. He is fondly remembered by those who attended the lecture including Richelle, extended family and friends.

Many thanks to Richard Hunt, Richelle Crowley, CILT Council, our members and students for attending. Special thanks to Professor Brian Fynes for the use of the room in Smurfit and Urban Picnic for the refreshments on the evening.

**About Richard Hunt CBE**

Richard was appointed Chairman of the Cystic Fibrosis Trust in July 2018 and was previously Chair of the London Ambulance Service from 2009 to 2016, the busiest ambulance service in the world. He is also an executive coach as a founder of Maven Ltd and as a co-founder of Attain Partners Ltd, an international, executive performance and

leadership coaching company with colleagues from Germany, the London Business School and Harvard, USA. He has an operations and general management background in the oil industry, aviation and the logistics and supply chain sectors, with companies such as Total Oil, Grand Met (now Diageo) and Exel Logistics during its NFC Plc days. He has an MBA from Cass Business School, an economics degree from Manchester University and initially qualified as a British Airways pilot.

Richard served as Chairman and President in the UK and more recently International President of the Chartered Institute of Logistics and Transport. He was awarded the distinction of an (international) Honorary Fellowship for services to the Institute in 2010. In 2004, he was appointed CBE for services to logistics and transport.



*Attendees on the Evening*



*Opening slide of the keynote presentation*





Mick Curran, Richard Hunt and Tim Daly



Addressing attendees at the lecture



# Smarter Last Mile Deliveries by Cargo Bike

by Richard Armitage, FCILT

Zero emission deliveries in busy urban centres are available now, thanks to the return of the humble cargo bike are offering load consolidation efficiency gains. From 24 to 28 June, Dublin City Council will host Velo-city International Conference with a key theme devoted to cargo bikes and last mile deliveries that focuses on the potential for more to be delivered by bike in urban centres.

The 'last mile' is the costliest part of any parcel's journey to its final destination. In practice, it should be called the last mile, first mile or only mile, as it covers deliveries to the end user, collections, and end to end trips within a city or a town when the parcel never goes into a national hub and spoke system. Some of this work is now being done using cargo bikes.

Across Europe, a growing number of deliveries are being done by cargo bike. This fast-developing market for cycle logistics has three strands: courier, parcel and express deliveries. Several companies already use cargo bikes for deliveries in the city (UPS and DHL) and smaller ones (Wheels, Pony Express and Cyclone). Independent Dublin-based logistics company, Cyclone Couriers, has 35 riders, 11 of them using cargo bikes. DHL has four e-cargo bikes and an e-van operating in central Dublin since Autumn 2018. UPS has placed a container serving as an 'urban eco package hub' on Wolfe Tone Street, Dublin. Deliveries are being made on foot and by bike, using two electric assist cargo bicycles and one tricycle, with the container acting as a mini distribution centre.

DHL has turned to the innovative Swedish firm, Velove, for its 'Armadillo', with its rider on a recumbent bicycle at the front with a 1m<sup>3</sup> box behind, all on four wheels and is operating these units in the Netherlands and elsewhere. In England, Hereford Pedicabs and Cargo provides a separated trade waste collection, shredding and recycling service for local businesses and organisations using cargo trikes fitted with cages behind the rider. In Copenhagen, Denmark, the hospitals switched bloods service to cargo bikes resulting in



Copenhagen Blood Service 2019



Richard Armitage

more reliable delivery times, a healthier staff (with the lowest absenteeism rate), and cost savings. Other opportunistic cargo bike strands of the market include; window cleaner, plumber, decorator, landscape gardener, coffee cart and ice cream seller. Finally, the individual and families who have a cargo bike to help with a range of domestic tasks.

## The Wider Picture

There is a network of national cycle logistics associations – including Belgium, Germany, Spain and the UK – operating under the umbrella of the European Cycle Logistics Federation (ECLF). The fourth European Cycle Logistics Conference hosted by the City of Vienna in 2017 attracted 400 participants over three days, from 24 countries, and 41 exhibitors.

The rapid growth of cycle logistics is leading to classic "growing pains". Technically, operators are demanding better and stronger cargo bikes and trikes. Digitally, integrated data sharing platforms are going to be vital to make cycle logistics efficient and cost effective. Economically, cycle logistics operators and cargo bike manufacturers need to become strong businesses to ensure growth can continue. Urban policymakers in municipal government are being asked to make the cargo bike welcome, enabling family and domestic use through infrastructure, parking, training and loan schemes. Research published in the CycleLogistics Ahead Final Report (2017) showed that one in two motorised trips involving cargo could be put on bikes and that about 25% of urban commercial delivery can be by bike.

## Kick-starting the Cargo Bike Economy

Cargo bike purchase subsidy schemes are helping to kickstart the cargo bike market in some larger European cities. In Vienna, elected Vice Mayor, Maria Vasilakou, announced €300,000 support to families and businesses buying cargo



bikes at the March 2017 ECLF Conference and it has been very successful. In April 2018, the Berlin Senate's Environment Minister, Regina Günther, launched her two-year €700,000 scheme at an ECLF Symposium. Just this month, the UK Transport Minister Jesse Norman has just launched the eCargo Bike Grant Fund, a £2million scheme targeting businesses and organisations with an offer of up to £1,000 off the purchase cost of an e-cargo bike.

Cycle logistics and cargo bikes are part of the solution to congestion, poor air quality, urban noise, and carbon dependent transport. Find out more from 24 to 28 June visit: <http://eclf.bike/dublin2019.html>

**About Richard Armitage BSc FCILT**  
*In 2015, Richard was appointed independent chair of West Yorkshire Ticketing Co. Ltd. Since 2014, he has taken a hands-on role in two start-ups; Last Mile Manchester and Manchester Bike Hire. He is executive director of the European Cycle Logistics Federation, a partner in the EU funded €4m #citychangercargobike project (2018-21) and was chair of the Cycling Forum of the CILT UK (2011-2016).*

**Contact Richard by Mobile:** +0044 (0)7973 538 556  
**Email:** [richard@c4st.uk](mailto:richard@c4st.uk)  
**Website:** [www.richardarmitage.me](http://www.richardarmitage.me)



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**Monday 24th June 2019**

ECLF#2019

Hosted by Dublin City Council  
 In collaboration with Velo-City 2019

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 #CityChangerCargoBike project



The 2019 European Cycle Logistics Federation Conference  
**SMARTER LAST MILE DELIVERIES  
 BY CARGO BIKE**



Programme

Speakers

Test Rides

Exhibitors

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# Student of the Year: Dawid Stachura

During the Biennial Jim Crowley Memorial Lecture Dawid Stachura CMILT was awarded his certificate for Student of the Year for Class of 2018. Due to work commitments Dawid was unable to attend our graduation back in October 2018. The Institute wanted to celebrate Dawid's success of gaining the highest marks achieved by a student over the two years of study.

Graduation also takes place in Smurfit Business School, so it was opportunistic that Dawid was able to attend an event. Since completing the Diploma Dawid is now working in stock control logistics and is excited to progress his career. "I want to continue in my career in the logistics and supply chain area and my next step is completing the Level 7 Bachelor of Business in Supply Chain Management with IT Carlow". Here in the CILT office, especially Julia we are very proud of Dawid's achievements and delighted for him to receive his certificate, present and CILT pen. We wish him all the success in his future career and to his ongoing journey with the Institute.



Dawid Stachura



Tim Daly presenting Dawid Stachura with his Certificate and Reward

# FTAI Freight Transport Association Seminar

*The FTAI Seminar took place on Tuesday 5 March in Johnstown House Hotel, Enfield. The day event covered themes of skills shortages, sustainable operations, compliance, Brexit and ongoing uncertainties, effective business planning in the freight distribution and logistics sectors.*

This year's seminar gave delegates the chance to hear from a range of senior industry experts and policy makers. On the day Mick Curran CEO and Mark Coffey Education Manager attended the seminar with an information stand for attendees, which gave them the opportunity to meet those in the industry and convey the message of the Institute. The morning was opened by Aidan Flynn General Manager FTAI who welcomed all delegates. Aidan commented that the seminar was an essential tool to help keep transport managers up-to-date with the very latest industry developments. The Keynote Address was from Helen McEntee TD, Minister of State for EU Affairs. Minister McEntee gave a positive and pragmatic address on the issues of Brexit.

On the day several topics were covered by knowledgeable speakers, including:

- Dr Sharon McGuinness Chief Executive Officer HSA highlighting the importance of proactive risk management strategies for our industry with emphasis on work related vehicle safety issues.
- Dr Alan Power of the Skills and Education Policy Unit of the Department Business Enterprise and Innovation (DBEI) addressing the Future Skills Needs, noting there will be 15,000 potential vacancies by 2020.
- Anna Gorecka, Project Manager with the Logistics Associate Apprenticeship, in association with TU Dublin, which gives students the opportunity to earn while learning with four days of work experience and one day in college.
- Laura Behan from the Department of Transport speaking about policies on vehicle emissions and alternative fuels in the sector.
- Dan Fitzpatrick Gas Networks Ireland spoke about reducing emissions and delivering operational savings.
- Our very own CILT President Tim Daly delivered a presentation on Wheel Safety as part of his role with Bus Eireann.
- Ray Ryan from the Revenue Brexit team spoke about the essential steps to prepare for new customs formalities arising from Brexit.
- Pauline Bastidon Head of Global & European Policy FTAI presented on the consequences of a No Deal Brexit including Customs Implications.
- John McGrane, Director General of British Irish Chamber of Commerce, spoke on the trade links between both countries and how this will impact Ireland-UK trade.

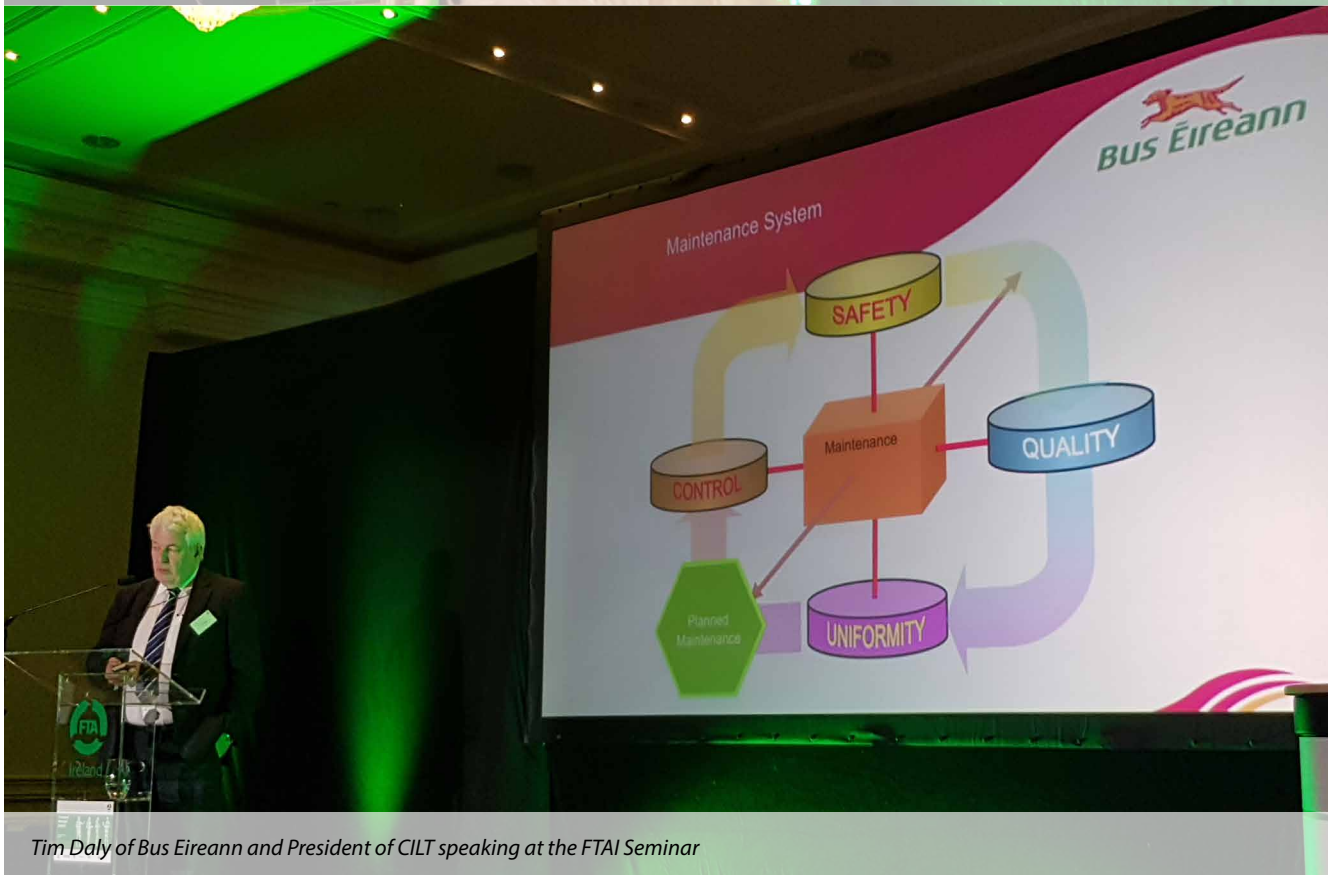


CILT Information Stand at FTAI Seminar

In all, the seminar was a great success with well received presentations from attendees. As a stakeholder we work closely with FTAI and value our working relationship in the industry. We would like to congratulate Aidan and his team for this excellent event.



Sharon McGuinness CEO of HSA speaking at the FTAI Seminar



Tim Daly of Bus Eireann and President of CILT speaking at the FTAI Seminar



# Ireland Skills Live 2019

*From Thursday 21 to Saturday 23 March, 'Ireland Skills Live' the National Skills Competition, took place in the RDS, Dublin. CILT Communications Manager, Áine Holden, attended the first day of competition in the RDS to see the Logistics Team competing at the event.*



Andrew Fox, Tomas Goggins, Megan Yeates and Charlie Dowling the competitors for the Logistics category

Ireland Skills Live 2019 promotes skills in apprenticeship, traineeship and graduate courses through competition linked to WorldSkills International standards. It encourages students, their parents, teachers and careers advisers to engage positively with career choices in the various industries. The layout of the event consisted of the competitions areas of; automobile technology, heavy vehicle maintenance, joinery and cabinet making, construction plant, visual merchandising, beauty therapy, hairdressing, cookery, restaurant service, carpentry, aircraft maintenance, BIM, cloud computing, plumbing and heating, refrigeration, cyber security, plastering, bricklaying, painting and decorating, sheet metal, metal fabrication, electrical installations and logistics.

Students mainly from fifth and sixth class had the opportunity to try their hand at bricklaying, restaurant service, cookery, virtual welding, car restoration, and wood turning. This also gave students the opportunity to speak to apprentices and tutors face to face allowing them, parents and teachers to experience the realities that so many of our apprenticeships and skills can offer today. At the venue on the Heroes Stage Áine listened to the talk by SISK CEO Stephen Bowcott and Joinery Works / Training Centre Manager David Tracey. Attendees heard how both individuals entered the industry and showed how routes to industry have changed for the better.

Minister for Education and Skills Joe McHugh said he was delighted to support Ireland Skills Live event. Minister McHugh said, "It is so important to engage not just with the students but also their parents and teachers; Ireland Skills Live will afford that perfect opportunity and it will offer real alternatives and life choices to students". There is no better way to highlight career opportunities than to experience the national skills finals first-hand and listen to some of our most successful business people talk about how they started out, as young apprentices, to become industry leaders and champions. These individuals are the inspiration for the next generation of workers."

The President, Michael D Higgins and Sabina Higgins were in attendance on the Friday of the event. At the competition the President has called the event "the Olympics of craftsmanship and apprenticeship". On many occasions he has spoken about the importance of placing equal value in our education system on academic and vocational subjects. In Ireland, there is a serious skills shortage, the solution can be seen at the event in the training, time and effort put into the next generation of skilled craft individuals. Together we can change perceptions and deliver rewarding careers.

The Logistics Team of competitors comprised of Megan Yeates and Andrew Fox, both students in TU Dublin, Aungier Street on the Logistics and Supply Chain Degree and Charlie Dowling and Tomas Goggins who are studying on the

Logistics Associate Apprenticeship.

A massive congratulations to Megan Yeates, who won overall for the logistics category, Megan will now go forward to represent Ireland at the World Skills Live competition in Russia this year. We look forward to documenting her journey in the next Linkline.

Thank you also to Declan Allen, Assistant Head of School of Management in TU Dublin, Aidan Flynn General Manager of FTA Ireland and Anna Gorecka, Logistics Associate Project Manager for all their work as lead tutors over the three days of competitions and in the build up to the event.



Heroes Stage at Ireland Skills Live



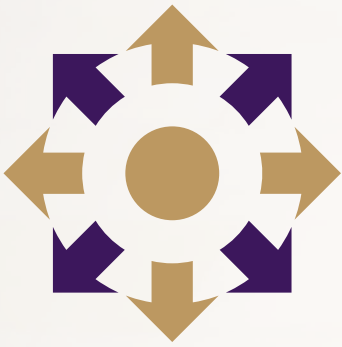
LOGISTICS SILVER-Megan Yeates

Congratulation to Megan Yeates the Ireland Skills Live Medal Winner. Megan will now represent the Logistics Industry at the World Skills Live in Russia in August. A fantastic achievement for her, we wish her well in the coming months. Megan is pictured with Dr Vivienne Patterson, Head of Skills and Enterprise Engagement HEA.



The Logistics Competition Area of the Event





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Institute of Logistics  
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**Alan Smyth, first-year student in Dublin:**

“I am really enjoying the course. It links my real world working experience with the academic side and they both complement each other very well. I would highly recommend this course for all professionals trying to gain more knowledge in SCM”

**John Brewer, first-year student in Dublin:**

“Having worked in a family business for over twenty years I have found the Diploma very beneficial so far. It has given me an opportunity to step outside of my day to day to view and discuss the industry in a broader sense. The combination of the course content and the experience of the students in the class leads to some good discussions, which is great because it can give me a fresh take on some areas in my own work – on top of everything it’s great for networking”

---

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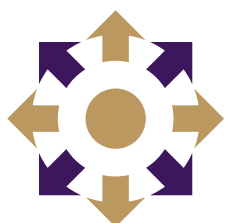
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## NEVER STOP LEARNING WITH CILT SKILLNET

### LEVEL 6 MANUAL HANDLING INSTRUCTOR (FIVE-DAY) AND REFRESHER (TWO-DAY) COURSE

Level 6 Manual Handling Instruction Course: This comprehensive five-day QQI Specific Purpose award covers all the aspects of instructing in Manual Handling as outlined in component specification 6N0233. This is an intensive and highly interactive course which will equip the learner with the knowledge, skills and competence to effectively design and deliver manual handling training in the workplace and to become a manual handling instructor.

There is also an award available through a Recognition of Prior Learning (RPL) Process for existing instructors with experience. Successful participants on the programme will receive a QQI Level 6 Manual Handling Instruction Certificate.

#### Course Programme:

- Unit 1 – Legislation Requirements and Health Benefit
- Unit 2 – Anatomy and Back Care
- Unit 3 – Ergonomics Principles and Risk Assessments
- Unit 4 – Manual Handling Principles and Techniques
- Unit 5 – Planning and Design of Manual Handling Training Programmes
- Unit 6 – Delivery of Manual Handling Training

#### Methods of Training:

- Extremely Interactive and practical courses
- Training tools of DVDs, visual presentations, group work, and individual tasks
- Multiple opportunities to prepare and practice skills demonstration
- All participants will receive a comprehensive Training Manual
- Class size of no more than 12 participants to each instructor

#### QQI Assessment:

- Practical assignment
- Written examination
- Make a skills demonstration during the course

#### Instructor Refresher Course:

The two-day Manual Handling Instructor Refresher course will refresh your knowledge, skills and competence in delivering manual handling training in the workplace as a Manual Handling Instructor. The course is available to all QQI Level 6 certified Manual Handling Instructors.

#### Course Details:

- Revision of both theory and practical elements of the manual handling operative programme
- Highly intensive and interactive course

#### Assessment:

- Participants are required to complete a presentation on Manual Handling topic
- Undertake practical skills demonstration



## NEVER STOP LEARNING WITH CILT SKILLNET

### QQI LEVEL 5 TRAINING: SAFETY AND HEALTH AT WORK CERTIFICATE

This five-day QQI Level 5 Safety and Health at Work course equips the learner with the knowledge, skill and competence to promote and maintain health and safety in your work environment.

**Certification:** QQI Level 5 Safety & Health at Work Certificate

#### Learning Outcomes:

On course completion learners will be able to:

- Analyse the duties of employers and employees under the Safety, Health and Welfare at Work Act
- Examine the role of the Health and Safety Authority
- Explore the role of training in the promotion of health and safety in the workplace
- Summarise the factors which contribute to safe and healthy working environments
- Analyse the causes and prevention of fire related events
- Investigate how personal protective equipment (PPE) is used in the workplace
- Explain the typical contents of a first aid kit and their appropriate use
- Interpret a range of safety signs and promote safe and healthy working practices
- Outline risk factors in relation to Safety and Health at Work



#### Course Assessment:

##### Assignment 60%

An assignment is carried out in response to a brief with specific guidelines. An assignment is usually of short duration and may be carried out over a specified period.

##### Examination 40%

Assists learners to apply knowledge, skills and understanding within a set period of time and under clearly specified conditions.



Up to  
**20% Discount**  
Off Courses

**BOOK NOW**

Contact Eileen Corry  
01 906 8453  
eileen@cilt.ie

## NEVER STOP LEARNING WITH CILT SKILLNET

### DSE (DISPLAY SCREEN EQUIPMENT) ASSESSOR TRAINING

Learn how to carry out Ergonomic Assessments and minimise the risks to your colleagues at their workstations with this training. This one-day DSE Assessors training course equips participants with the knowledge and skills to carry out DSE Assessments correctly. The course is highly participative with individuals taking an active role in all modules. They are provided with a variety of checklists to facilitate them in assessing DSE/VDU workstations in their workplace.



#### Benefits of Attending:

- Understand the requirements of the General Application Regulations 2007
- Understand the factors that constitute an assessment
- Understand ergonomic factors and DSE workstation layout
- Appreciate the postural implications of DSE workstations
- Carry out DSE workstation assessments and advise operators on the methods of work

#### Course Content:

- Introduction
- Ergonomics Assessments and Anthropometrics
- Relationships between the individual, the task, the environment and work equipment
- Legal Requirements
- Discussion on Irish and European legislation
- Perceived and real hazards of DSE work
- Controversial topics ranging from alleged reproductive hazards to radioactive emissions, which have been associated with DSE, will be addressed.
- Recent studies in the area and results will also be examined
- Principles and Aims of Assessment
- Assessment Techniques

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For more information please see our  
website [www.cilt.ie](http://www.cilt.ie)

## NEVER STOP LEARNING WITH CILT SKILLNET

### CUSTOMS DECLARATION AWARENESS FOR YOUR TRANSPORT OPERATION

Are you currently exporting or importing to the UK? Have you got vehicles currently transiting the UK landbridge and are you concerned about delays? Have you been tasked to plan for Brexit and provide Customs systems for your company? CILT Skillnet have a practical training programme to help Transport Operators understand the Customs process. This programme will give each participant clear guidance on Customs procedures and documentation in a post-Brexit scenario. Our Subject Matter Expert will be available to answer any Customs queries and concerns.

#### Course Content:

##### Day 1 (three hours):

- Overview of Customs Procedures
- Union Customs Code
- Customs Automatic Entry Processing System
- Communicating with Customs, Current Software Availability and Costs Customs Brokerage
- Information Required to Make a Declaration
- Documents Required to make a Declaration
- Commodity Codes Their Origin and Use, Practical Examples
- Step by Step Guide to Creating an Export Entry
- Responsibilities of the Parties in the Supply Chain, Shipper, Carrier, Shipping / Airlines, Receivers of Goods
- The Importance of INCOTERMS in Customs Declarations
- Q&A

##### Day 2 (three hours)

- Importing Goods
- Customs Simplifications
- Customs Warehouse
- Deferred Payment Facilities
- Authorised Consignee
- AEO
- Information Resources, TARIC, Revenue Website, EU Website
- Duty and VAT Calculations Case Studies
- Preferential Duties
- VAT on Import
- Step by Step Guide to Creating an Import Entry
- Q&A

Up to  
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website [www.cilt.ie](http://www.cilt.ie)

# NEVER STOP LEARNING WITH CILT SKILLNET

## LEADERSHIP FOR WOMEN IN LOGISTICS

Effective Leaders have sound knowledge of both Business and People. They are able to integrate management expertise with strong motivational leadership skills for their personal progression and for company development. Leadership for Women in Logistics is designed specifically for women working in the field of Logistics who aspire to develop skills for management and is built on the development of 3 distinct competencies for greater abilities in leadership:

- Optimising Personal Influence
- Making Decisions for Supply Chain/Logistics Efficiencies
- Creating Leadership Strategies for Successful Staff Engagement

Four Consecutive Sessions over four weeks:

09:30 - 15:30

City Centre Location in Dublin 2

**BOOK NOW FOR COURSE BEGINNING END OF MAY**

1	<p>The Foundation of Leadership  <i>Focus: Comprehension and Skills Development in Effective Communication and Motivation</i></p>	<p>Relationship of personal work ethics and environment working to communication styles:</p> <ul style="list-style-type: none"> <li>• Internal and External Communications,</li> <li>• The power of Listening, giving Feedback,</li> <li>• Effective Use of Human Resources,</li> <li>• Helping people succeed with Change</li> </ul>
2	<p>Organisational Behaviour and Business Management  <i>Focus: Development of Abilities to Analyse Challenges, Assess Resources and Develop Effective Management Strategies</i></p>	<p>Setting direction with expertise in management:</p> <ul style="list-style-type: none"> <li>• Creating Successful Teams.</li> <li>• Winning with Policies &amp; Procedures</li> <li>• Financial Management, Budgets &amp; Cash Flow</li> <li>• Strategic Marketing &amp; Public Relations</li> </ul>
3	<p>Supply Chain Management  <i>Focus: Development of Knowledge and Competency in Setting Procedures for Improvement in Warehouse Operation</i></p>	<p>Identifying the role and significance of Warehousing as a link in the Supply Chain and its importance in the Company's Value Chain:</p> <ul style="list-style-type: none"> <li>• Successful Customer Service Strategies,</li> <li>• Warehouse Optimisation</li> <li>• New Technologies</li> </ul>
4	<p>Supply Chain Management  <i>Focus: Development of Knowledge and Competency in Setting Procedures for Improvement in Transport Operations</i></p>	<p>Analysing Challenges in Transport and Economic Strategies in the Field of Logistics:</p> <ul style="list-style-type: none"> <li>• Macro Impacts</li> <li>• Data Analytics</li> <li>• New Technologies</li> </ul>



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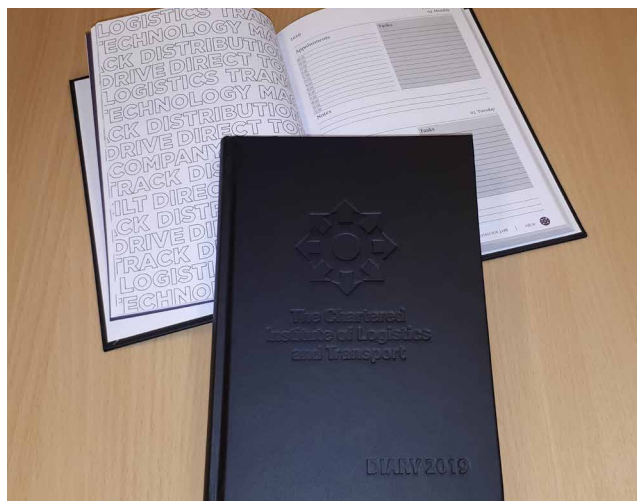
# CILT Diary 2019

The 2019 edition of the CILT Diary has been sent out to paid up members for the new year of the Institute. The Diary was designed to mark the 100-year anniversary of the Institute internationally. For the diary, Áine Holden, CILT Communications Manager worked on a concept to include various themes for the publication. "I wanted to include a modern take on a diary and show the growth and flexibility of the Institute". Details included a modern, debossed cover, and a shorter introduction to the Institute of staff and council.

Much thought was put into the mindfulness sections of the diary using imagery representing the industries of shipping, air, education, computing, and haulage that reflects how massive range which the sector covers. With mindfulness, there is a need to take some moments out of the hectic working day, and to bond over a game of Xs and Os with a colleague!

The Diaries were distributed in January and February of this year to those who paid their membership. A renewal email

was sent on Tuesday 8 January. If you missed the opportunity to receive your Diary and renew membership do get in contact by email at [members@cilt.ie](mailto:members@cilt.ie).



## Celebrating Women in Logistics Event, Thursday 16 May

On Thursday 16 May, CILT will be highlighting the work of women in the industry with a special evening looking at some of the various roles they are working at in the sector. This event will be run in conjunction with our partners for the evening Morgan McKinley in their offices on Burlington Road, Dublin 4.

There is an open invitation to women working in the industry and is a great opportunity to network and talk openly about these matters relating to the Logistics, Supply Chain and Transport. If you are a student, graduate, or established professional you are more than welcome to attend. If your company is looking to recruit more women to the sector, this is a good time to meet relevant professionals.

**Date:** Thursday 16 May

**Time:** 18:00 to 20:30

**Where:** Morgan McKinley Offices, Connaught House, Burlington Road, Ballsbridge, Dublin 4

**To Book you Place:** Email [aine@cilt.ie](mailto:aine@cilt.ie)



# CILT Announces Sir Peter Hendy CBE as International President for the Centenary Year 2019

Sir Peter is one of Britain's foremost transport practitioners and is currently Chair of Network Rail, and responsible for 20,000 miles of railway infrastructure. He is also Chair of the London Legacy Development Corporation which is developing the Queen Elizabeth Olympic Park, and was previously responsible for transport in London during the 2012 Olympic and Paralympic Games.

Sir Peter is an alumnus of Latymer Upper School, London, and the University of Leeds. He first joined Transport for London's predecessor London Transport, as a graduate trainee in 1975, gaining experience of all aspects of bus operations. In 1989, he was appointed Managing Director of CentreWest London Buses Ltd. Five years later he led the successful buy-out of CentreWest by its management and staff with venture capital backing. He expanded the business, and, after its sale to FirstGroup plc in 1997, he became Divisional Director, London and South East.

In January 2001, he re-joined the public sector to become TfL's Managing Director of Surface Transport, where he oversaw the revitalisation of London's bus service, resulting in an increase in passengers of more than 60 percent. As Transport Commissioner, he led the largest long-term investment programme in London's transport network in generations, vital to supporting economic development and growth not only in the Capital but across the UK.

Following the terrorist attacks on London on 7 July 2005 and the immediate recovery of the public transport networks, Sir Peter was awarded the CBE in the 2006 New Year's Honours List for services to public transport and the community in London. The London 2012 Games demonstrated how far the capital's transport network had come under his leadership. Sir Peter chaired the 2012 Games Transport Board, which saw TfL work in partnership with Games organisers, government, local authorities, transport operators and regulators to ensure all athletes, officials and spectators got to their events on time, and London and the UK kept moving and remained open for business.

In 2015 Sir Peter stood down from his position as Commissioner of Transport for Transport for London, having served in that role for nine and a half years. Knighted in the New Year's Honours List 2013, the citation for him said he had provided inspiring leadership since becoming Commissioner in February 2006.

Sir Peter is married to Sue, and has two children, Dave and Anna. He supports the Railway Children and London Poppy Day charities, is a trustee of London's Transport Museum, Vice-President of the Widcombe Social Club in Bath and



*Sir Peter Hendy CBE 2019 International President*

supports St Giles' church at Imber, Wiltshire. He also owns and drives two iconic London Routemaster buses.

He takes on the Presidency at an important time in the history of our Institute. Our Centenary is a time of celebration, with events throughout the year including our Centenary International Convention, in Manchester from the 16 to 18 of June. Speaking about his Presidency and the coming Centenary year, Sir Peter described CILT as 'a remarkable organisation, a reassuringly constant presence in an ever-changing world...As we celebrate the strengths and values of this remarkable organisation, we must also rededicate our Institute to our core values, and to the task of upholding them for the next 100 years.' Sir Peter takes over the Presidential role from Immediate Past President Kevin Byrne.



# CENTENARY INTERNATIONAL CONVENTION, MANCHESTER 2019 - 16 TO 18 OF JUNE.

## GET NOTICED - GET CONNECTED - GET AHEAD



Global solutions  
to global challenges  
International Centenary Convention

Join us to hear from the world's greatest thought-leaders at this 'must attend' convention. Our specially curated programme is a hot-bed for global logistics professionals and offers a unique opportunity to share best practice, to network with like-minded professionals and innovate more profitable solutions. This year we will be welcoming members from across the world - from Australia to Azerbaijan and from South Africa to Singapore.

Our global convention programme will help you to develop your competitive edge includes:

- Leading Edge speakers - encouraging us towards greater Innovation, better use of Technology, and improving our People
- Stimulating Ideas - interactive sessions where delegates can gain from shared best practice
- Next Generation - inspiring future leaders of the profession

- WiLAT - opportunities to discover how women in logistics and transport are opening up opportunities
- New Institute for a new year- join us to discuss the future of the profession
- Site visits and tours - unique access to key sites in and around the city
- Activity Zone - opportunities to engage with latest technological innovations
- Networking events - formal and more social events will feature across all three days

**TO BOOK SEE**  
[CILTUK.ORG.UK/CONVENTION](http://CILTUK.ORG.UK/CONVENTION)

Global solutions to global challenges  
International Centenary Convention

The Midland Hotel, Manchester, UK | 16 - 18 June 2019

**BOOK TODAY** [ciltuk.org.uk/convention](http://ciltuk.org.uk/convention)

